

Official Shito Ryu Training Manual

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shit -ry - wikipedia, the free encyclopedia - Saito-ha Shito-ryu Karate-Do: in 2012 after 50 years of training in Shito-ryu. He is one of the most highly respected karate-do instructors today.

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some instructors that support the traditional - Belt Test Theory Manual Silver Medalist (Enbu) at the ITKF 6th World Karate Championships Nick Lukich Sensei began training in Shito-ryu Karate

karate- shito ryu - 1993 rare documentary - - Sep 10, 2009 Sensei Kenzo Mabuni teaches a class with Sensei Rudy Crosswell- joelsamuelpresents 1993

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minami dojo - the founder of Uechi-ryu, was teaching. It was after training with Uechi that Mabuni devised a kata but by the early 1930 s Shito-ryu was the official name.

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welcome to bska - shito-ryu uk - When we understand that training is more than simply physical we the official governing body for The foundation of the British Shito-Ryu Karate

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